# WHEN PASSION

## MEETS PERSEVERANCE



DR MARGARET WAI LING CHUNG

1980 BSc Graduate 1987 PhD Graduate

### Major Achievements

- Director and Biomedicine Consultant, Amazing Grace Holistic Health Care Center
- Director and Biomedicine Consultant, GeneLife Biomedicine International Limited
- Chartered Chemist, Royal Society of Chemistry (UK)
- Corresponding Member, American Society of Questioned Document Examiners (USA)
- Diploma in Document Examination, Forensic Science Society (UK)
- Public Nutritionist, High Level Occupational Qualification Certificate (China)
- Outstanding Women Entrepreneurs Award, 2011
- The Third Hong Kong Humanity Award (Red Cross), 2010

CHUNG has lived a life full of twists and turns. Yet, nothing has been able to dim her passion and zeal for life. Now, as Director of the Amazing Grace Holistic Health Care Centre specialising in patient rehabilitation, she aims to pass on the same positive spirit to the needy and sick in society.

In a cozy office designed to instantly make a visitor feel welcome, a smiling Dr Margaret Chung talked animatedly. She scrolled ardently through presentations detailing the services offered by her centre, and thoroughly explained the scientific principles behind them. Everyone in the room could feel it. Her perennial love of science, passion and



#### INTERVIEW

dedication for her current work came off her like waves.

"I have always wanted to serve," she explained when asked about the motivations behind her career path. However, she did not initially expect to be working in healthcare but rather in the



laboratory. As an undergraduate student at the University of Hong Kong, she was most enthusiastic about doing research. "I was always prepared in the lab. I made flowcharts beforehand and completed my work quicker than everyone else," she elaborated. This eager attitude towards research attracted the attention of one of her professors, who later became her PhD research supervisor. It also allowed her to be presented with numerous career opportunities even before she finished her undergraduate degree. She applied the same prepared approach to life even today. "Be prepared in mind, be prepared in body. Luck is what happens when preparation meets opportunity," she advised today's students.

In the midst of her PhD, Dr Chung applied for a job in the Forensic Science Division of the Hong Kong Government Laboratory.



In a male-dominated environment, she mentioned being underestimated by her colleagues. Regardless, she proved her perseverance and grit by becoming the first leading Chinese female professional in the field of forensic document and handwriting. Her expertise was even recognised by the Drug

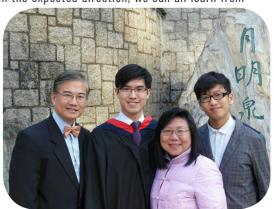
Enforcement Administration of the United States, who invited her repeatedly to testify in cases.

Unfortunately, this trajectory was seemingly halted when she was diagnosed with Systemic Lupus Erythematosus, a chronic autoimmune disease in which the body's immune system attacked healthy tissues. The disease detrimentally affected her eyesight, forcing her to give up her position in the Forensic Science Division. At its worst, it forced Dr Chung to be wheelchair-bound. Yet, instead of giving up, Dr Chung chose to remain positive until her disease went into remission and then continued to follow her passions. "There is no greater thing you can do with your life and your work than follow your passions," she explained. Through her recovery, she found her passion for helping other people be at their best health and worked to establish her current centre.

"People do not think I am sick. They think I look too good for my age," she mentioned jokingly, attributing her current health to her positive philosophy. In the same way, through her work, she aimed to instill the same philosophy into the patients that came to her and improve the lives of other people.

Dr Chung had faced some seemingly insurmountable hurdles in her life. Nevertheless, she continued to strive through with her persisting and positive spirit, never willing to call it quits. When life does not go in the expected direction, we can all learn from

her to power through and follow our passions with a prepared mind and body.



#### STUDENT REPORTER

"I really enjoyed talking to Dr Chung and learning about her unique career path. Her story has inspired me to instill her positive and persevering values into my own life and encouraged me to go after my own passions, whatever they may be."



Ravneet Saran, BSc Student (Major in Biochemistry, Minor in Psychology)

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